



# DAWN CLOCKS™

## User Manual

### 8" Digital Calendar & Reminder Clock

#### Helping people manage better at home.

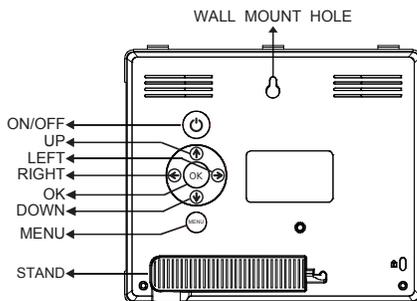
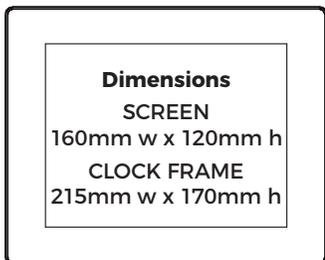
The Dawn Clock aims to assist people connect time to their daily routine, enable people's independence and help to ease the workload of families and caregivers.

Once your Dawn Clock has been setup, think about where the best location for it is. Many people choose the main living area like the kitchen, or some choose a bedroom depending on their needs.

Some people may benefit from placing the Dawn Clock next to a calendar or diary to help with keeping appointments and planning activities.

For carers - try talking to your loved one about where they think is the best place to put their Dawn Clock and where they think they would get the most benefit from it.

## Product Diagram



**TIP: Press the “OK” button to swap between the modes below:**



**“Calendar” Screen  
(UI-1 Mode)**

Displays the day, time and date.



**“Now it's” Screen  
(UI-2 Mode)**

Displays “Now It's”

**Need a quick answer? Visit [www.dawn-clocks.com/pages/troubleshooting](http://www.dawn-clocks.com/pages/troubleshooting)**

## Getting Started

Remove the protective film covering the LCD.

Plug one end of the included AC adapter into a standard 100-240V AC electrical outlet and the other end into the DC in of the Dawn Clock, at which time it will automatically power on. After a few seconds the startup picture will show and then the calendar screen.

### How to set

To access the settings menu press the **MENU** button, to exit the settings at anytime press the **MENU** button again.

Please Note: Settings can only be amended when the corresponding line is high-lighted, which will be underlined.

Press the **LEFT** or **RIGHT** or **OK** button to highlight the line to apply changes. Press the **LEFT** or **RIGHT** or **OK** buttons to underline the text for any changes. When underlined, press the **LEFT** or **RIGHT** or **OK** button to change.

### SET TIME:

Press **LEFT** or **RIGHT** buttons to underline the hour < 07 : 10 > change the hour by pressing **UP** or **DOWN** buttons. Then press the **LEFT** or **RIGHT** buttons to highlight the minutes < 07 : 10 > press the **UP** or **DOWN** buttons to adjust. To exit press the **MENU** button.

### SET DATE:

Press buttons **LEFT** or **RIGHT** to highlight the Day: e.g < 02 - 23 - 2020> or < 23 - 02- 2020 > press **UP** or **DOWN** button to adjust. Changing Month/Year when underlined. To exit press the **MENU** button.

### **TIME MODE: 12 HR OR 24 HR**

Select by pressing the **LEFT** or **RIGHT** or **OK** buttons. To exit press the **MENU** button.

### **DATE MODE: < Day - Month - Year > or < Month - Day- Year >**

Select by pressing the **LEFT** or **RIGHT** or **OK** buttons. To exit press the **MENU** button.

### **LANGUAGE:**

Select preferred language to display by pressing the **LEFT** or **RIGHT** or **OK** buttons. To exit press the **MENU** button.

### **UI 1 TIME OR DAY ON/OFF:**

If you prefer the Day Clock not to show the words 'Before Dawn, Morning, Afternoon, Evening, Night', then please set it to OFF.

The following settings are for 'Now it's' (UI-2).

### **PREDAWN/ MORNING/ AFTERNOON/ EVENING/ NIGHT TIME SET**

These settings effect which words show as the time of day e.g "Afternoon". These times need to be sequential (and not overlapping) in 24 hour time format otherwise a Time Set Error occurs.

#### **Predawn Time Set:**

Select by pressing the **LEFT** or **RIGHT** or **OK** buttons. Most people set this to "00" (equivalent to 12am). Press **DOWN** to next time set.

#### **Morning Time Set:**

Select by pressing the **LEFT** or **RIGHT** or **OK** buttons. Most people set this to "04" (equivalent to 4am). Press **DOWN** to next time set.

#### **Afternoon Time Set:**

Select by pressing the **LEFT** or **RIGHT** or **OK** buttons. Most people set this to "12" (equivalent to 12pm). Press **DOWN** to next time set.

#### **Evening Time Set:**

Select by pressing the **LEFT** or **RIGHT** or **OK** buttons. Most people set this to "17" (equivalent to 5pm). Press **DOWN** to next time set.

#### **Night Time Set:**

Select by pressing the **LEFT** or **RIGHT** or **OK** buttons. Most people set this to "21" (equivalent to 9pm). Press **DOWN** to next time set. To exit press the **MENU** button.

### **AUTO DIMMING:**

When Auto Dimming is on, the clock dims from 7pm until 7am. Select by pressing the **LEFT** or **RIGHT** or **OK** buttons. To exit press the **MENU** button.

### **BRIGHTNESS:**

You can choose the overall day brightness from 1-5. Select by pressing the **LEFT** or **RIGHT** or **OK** buttons. To exit press the **MENU** button.

### **ALARM FREQUENCY:**

Press the **LEFT** or **RIGHT** or **OK** buttons. To exit press the **MENU** button.

## ALARM SETTINGS:

You can choose to set up to x 14 reminders for different times, with messages and sounds. The appointment alarm also has a DATE function.

1. Scroll down to set the amount of alarms that you want and the times that you want them to ring.
2. Choose the message you want for each alarm, by pressing the **RIGHT** button twice until you get to **"PS"** (which has the MESSAGE settings), pressing the **OK** button, and choosing one of the messages that come up in the screen. You can also choose NO MESSAGE, in which case the alarm will ring without showing a message (Alarms 1-5 only). Press the **OK** button to select message.
3. Choose whether you want a reminder On or Off by pressing the **RIGHT** button until you get to **"OFF"**. Press up or down to select then press the **OK** button. Select your **Alarm Sound** from the 5 x options - Trill, Bell, Music, Beat or Chime by pressing the **RIGHT** button.
4. Press the **MENU** button to exit the settings screen. Your selections have been saved. The alarm will ring for 50 seconds at the designated time and then turn off on its own, or you can manually shut it off by pressing any button on the back of the clock.

## Reminder Message Options (Find under "PS" in alarm settings):

### Medication Alarm Times (1-5)

NO MESSAGE (just sound)  
TIME FOR YOUR MEDICATION  
MORNING MEDICATION TIME  
AFTERNOON MEDICATION TIME  
EVENING MEDICATION TIME  
NIGHT MEDICATION TIME

TIME FOR LUNCH  
TIME FOR DINNER  
TIME TO GET DRESSED  
TIME TO SHOWER  
CHECK YOUR DIARY  
TIME TO GO TO BED  
DRINK SOME WATER

### Daily Tasks Alarm Times (6-13)

TIME FOR BREAKFAST

### Appointment Alarm Time (14)

TIME FOR YOUR APPOINTMENT

## TROUBLESHOOTING

Below are two of the most common but easily fixed errors:

### The screen is showing "TIME SET ERROR"

Select **MENU** on the back of the clock. Scroll down to each Predawn Time Set, Morning Time Set, Afternoon Time Set, Evening Time Set and Night Time Set.

These times need to be sequential (and not overlapping) in a 24 hour time format. An example of common time settings: Predawn Time Set "00", Morning Time Set "04", Afternoon Time Set "12", Evening Time Set "17", Night Time Set "21".

### The main screen has changed from "Calendar mode" to "Now It's mode"

Press the **OK** button once to toggle between the main screens.

Still need help? Email our friendly team at [info@dawn-clocks.com](mailto:info@dawn-clocks.com)